

**Wimbledon and Wandle District Scouts**  
**Patrol in Camp weekend**  
**25<sup>th</sup> - 26<sup>th</sup> June 2016**

**Who is this event for?**

- Scouts of any age who want to go camping, light fires, cook their own food, play games and learn some of the skills they will need to run their own nights away events in the future.
- New Scout Leaders – this is an opportunity to confirm some of your new Scouting skills, learn something new about larger camps and turn some of that nights away theory into practice.
- Young Leaders who can develop the experience gained as scouts by working with more experienced leaders and encouraging other scouts to develop their skills.

**Theme for the weekend**

Feedback from our previous District camps and training sessions suggest that fire lighting and cooking are favourite activities at camp.

**This camp will cover the basic skills needed to plan, budget, equip, prepare, cook, serve and clear up a complete camp menu.**

Each participant will receive a copy of *“The Essential Camp Cookbook or How to Cook an Egg in an Orange and other Scout Recipes”* to help plan menus for future camps.

**Individual sessions will include:**

- A professional chef’s view on the tasks
- Kitchen knife skills
- How to set up a kitchen and store your food safely
- Maintain a good cooking fire
- Make a camp oven
- Hygiene and rubbish disposal

**Outline programme** (subject to change when final numbers are confirmed)

**Saturday 25<sup>th</sup> June**

|               |   |
|---------------|---|
| 9.30am        | Arrive at Park Farm   |
| 9.30 – 10.00  | Check in patrol equipment to ensure that nothing vital is missing.<br>A patrol kit list for this event is in the Red Book.  |
| 10.00 - 11.00 | Pitch tents   |
| 11.00 – 12.15 | Group session <ul style="list-style-type: none"><li>• Introduction to the camp and the leaders</li><li>• An introduction from a professional chef covering<ul style="list-style-type: none"><li>○ Planning a menu</li><li>○ The importance of safety and hygiene</li><li>○ Ambitious camp cooking</li><li>○ Demonstration of knife sharpening</li><li>○ Knife skills – peeling, chopping, slicing etc</li></ul></li></ul> |
| 12.15 – 13.30 | Lunch prepared by the Patrols at their sites  |

|               |  |
|---------------|--|
| 13.30 – 14.30 | Games  |
| 14.30 – 16.30 | Skills bases – 4 x 30 minutes each <ul style="list-style-type: none"> <li>• Fire lighting for cooking</li> <li>• Fuel types and collection</li> <li>• Food storage and kitchen layout</li> <li>• Handling waste (wet pits, rubbish, recycling, burning)</li> </ul> |
| 16.30 – 19.30 | Evening meal – menu box “Master chef style) – Patrols devise a meal from ingredients provided. Not all boxes will be the same.   |
| 20.00         | Wide games   |
| 21.30         | Camp fire  |

### **Sunday 26<sup>th</sup> June**

|               |   |
|---------------|---|
| 07.30 – 09.30 | Relight fires and cook breakfast over wood  |
| 09.30 – 10.30 | Activity  |
| 10.30 – 11.30 | Skills bases – 2 x 30minutes <ul style="list-style-type: none"> <li>• Personal hygiene</li> <li>• Presentation of food</li> </ul> |
| 11.30 – 12.00 | Demonstration on the construction and use of a cardboard camp oven  |
| 12.00 – 13.30 | Construction of camp oven, prepare, cook and clear up pizza   |
| 13.30 – 14.00 | Activity  |
| 14.00 – 15.15 | Clear Patrol sites  |
| 15.15 – 15.30 | Summary, presentation of books etc  |
| 15.30         | Camp closes - departure   |

Wherever possible, Scouts will work in Patrols of 4/5 from their own Troops but if there are only one or two from a Troop they will be put with others to make a working Patrol.

Leaders not helping on the weekend should stay until the equipment has been checked.

**NB: all food will be provided so it is essential that we are notified of any dietary requirements as soon as possible**